## Relationships

Please note: In the following, you can use specific names or a phrase like "husband/wife/spouse" or "life partner" or "boyfriend" or "girlfriend".

Every day and in every way, I attract satisfying relationships into my life.

I have a totally satisfying relationship with \_\_\_\_\_ (name).

I am now ready for all my relationships to work.

I am strong and supportive in my relationships.

I am a good friend and my friends are good to me.

With joy in my heart I easily express love to all.

I am free to circulate love and joy in every part of my world.

My confidence and self-esteem attract perfect relationships into my life.

I communicate directly and honestly in relationships.

My friendships are fulfilling and supportive.

I am sensitive to the needs of my partner and he/she is sensitive to my needs.

I respond only to love and to loving thoughts.

I am kind and loving and have a lot to share with others.

I accept \_\_\_\_\_\_ with unconditional love.

The more I love myself the more love I have to give to \_\_\_\_\_.

Moment by moment, the joy of friendship pours into my life.

I naturally attract good relationships into my life.

Every day and every way my relationships are getting better and better.

I communicate openly and easily with \_\_\_\_\_. I listen to what \_\_\_\_\_ has to say.

Shawn Gallagher, BCH © Suggestions for Relationships (couples), 2023 www.shawngallagher.com I am heard and understood by \_\_\_\_\_

We work to listen carefully and understand each other.

I am respectful and thoughtful when I speak to \_\_\_\_\_\_.

I always have time to be a good friend.

I am present and in the moment for \_\_\_\_\_ and allow him/her to be present for me.

I am now ready to attract a deeper and more loving relationship into my life.

I deserve a fulfilling love relationship.

I now project and attract love, warmth and openness.

I now make room in my life for my perfect love relationship.

I am now ready to give and receive unconditional love.

I now attract love into my life.

I love to love and be loved.

The more I love myself, the more love I have to give.

I am totally open to love now.

It is safe for me to create all the love I want.

My heart is full of love and I give it freely.

I easily share my love with the world.

I live in the rhythm of love and my heart sings my song.

Every day and in every way I give and receive more love.

I deserve a loving relationship and it comes to me easily and effortlessly.

I easily receive all the love I want and need.

I have a beautiful loving relationship.

\_\_\_\_\_(name) and I love each other more and more each day.

Shawn Gallagher, BCH © Suggestions for Relationships (couples), 2023 www.shawngallagher.com Every day and in every way my relationship with \_\_\_\_\_ gets better and better. I am strong and loving in relationships.

\_\_\_\_\_ (name) and I communicate with honesty, respect and love with each other.

It is easy for \_\_\_\_\_\_ (name) and I to express our love to each other.

Challenges in a love relationship are easily resolved and lead to a deeper intimacy.

I am a radiant being filled with light and love that I freely give to \_\_\_\_\_\_.

I am free to express my emotions and I do express them in appropriate ways.

\_\_\_\_\_ and I deserve a wonderful loving and fulfilling relationship and we have it.

Every day and in every way my love relationship gets better and better.

I love and am loved passionately.

I desire and accept love.

As I love myself more, I open to receive love from \_\_\_\_\_ (name).

My heart is full of love for \_\_\_\_\_\_ (name) and I give it easily.

The universe protects and nurtures my relationship with \_\_\_\_\_ (name).

My love relationship is a reciprocal one.

I am responsible for my feelings.

I am thinking more clearly about life and love.